



TRO+ PLUS | CALM TX

INGREDIENTS (PER TROCHE)

Kavain	15 mg
Nicotinic Acid	25 mg
Agarin	1 mg

Inactive Ingredients: Techna 20 SF® Troche Base, Bitter-Bloc™, Stevia, Citric Acid, Luo Han Gao, Natural Orange Flavor, Natural Orange Color

DOSING

1/8 to 1 full troche

Maximum daily dose: 4 troches unless otherwise directed by your healthcare practitioner.

If troche is swallowed, the dose may need to increase for desired effect.

**Tro+ Calm is typically non-sedating and can be taken during the day.*

DELIVERY MECHANISM

The Buccal Troche: a small lozenge that dissolves between the upper cheek and gums. In contrast to a tablet or capsule, the ingredients are directly absorbed into the cheek mucosa for a more reliable and rapid onset of action, typically between 15 and 20 minutes.

The troches are scored so that you can calibrate your own dose.

Although Tro+ Calm works best as a buccal troche, it can be swallowed on an empty stomach as well.

INDICATIONS

Extra strength formula calibrated for:

- Decreasing anxiousness and stress
- Intrusive thoughts
- Peri-procedure relaxation
- Performance anxiety
- Generalized restlessness
- Performance enhancement in stressful situations

DURATION OF EFFECT

- 6 to 8 hours.

INTERACTIONS

- Do not combine with other GABAergic drugs unless under the supervision of a healthcare practitioner
- Do not use alcohol with Tro Calm

CONTRAINDICATIONS

- Pregnant or breastfeeding
- Hepatic or renal impairment
- Operating any heavy machinery