

Choose your *expert*.
Change your *health*.



CERTIFICATE OF ANALYSIS FINISHED PRODUCT

Product Name: Prenatal Essentials 150C

Material Number: 300086091

Process Order / Packaging Lot: 20013324

Formula Code: 200000199

Batch Lot: 10005444

Manufacture Date: 12/2025

Expiration Date: 11/2027

Identity and Composition:

Test	Specification	Method	Results
Dosage Form	Two-Piece Capsule	Visual/Xymogen	Pass
Color	Clear capsule containing white to off-white powder	Visual/Xymogen	Pass
Capsule Size	"00" / 23.30 ± 0.30 mm	Gauge/Xymogen	Pass
Disintegration	NMT 30 min	USP <2040> /Xymogen	4 minutes
Weight Average	1097.577 mg (1042.698 mg – 1152.456 mg)	USP <2091> /Xymogen	1111.865 mg
Weight Variation	Complies	USP <2091> /Xymogen	Complies

Strength:

Test	Specification (5 Capsules)	Method	Results
Vitamin A (as natural beta-carotene and retinyl palmitate)	1,500 mcg RAE – 1,875 mcg RAE	HPLC/MS Bioanalytical	1,683 mcg RAE
Vitamin C (ascorbic acid)	100 mg – 200 mg	AM-002/Xymogen	185 mg
Vitamin D3 (cholecalciferol)	50 mcg – 100 mcg	HPLC/Intertek	71 mcg
Vitamin E (as d-alpha tocopheryl succinate)	134 mg – 268 mg	HPLC/Intertek	159 mg
Thiamin (as thiamine HCl)	5 mg – 10 mg	AM-100/Xymogen	6 mg
Riboflavin (as riboflavin 5'-phosphate sodium)	5 mg – 10 mg	AM-100/Xymogen	6 mg
Niacin (as niacinamide)	25 mg – 50 mg	AM-100/Xymogen	35 mg
Vitamin B6 (as pyridoxal 5'-phosphate)	20 mg – 40 mg	AM-100/Xymogen	32 mg
Folate (as (6s)-5- Methyltetrahydrofolic acid, glucosamine salt and as calcium folinate)	1,360 mcg DFE* - 2,720 mcg DFE*	AM-100/Xymogen	1,683 mcg DFE
Vitamin B12 (as methylcobalamin)	50 mcg – 100 mcg	AM-106/Xymogen	60 mcg
Biotin	300 mcg – 600 mcg	AM-118/Xymogen	390 mcg
Pantothenic Acid (as d-calcium pantothenate)	25 mg – 50 mg	AM-111/Xymogen	28 mg
Calcium (as dicalcium malate)	400 mg – 800 mg	AM-001/Xymogen	689 mg
Iron (as ferrous bisglycinate chelate)	30 mg – 45 mg	AM-001/Xymogen	32 mg
Iodine (as potassium iodide)	225 mcg – 450 mcg	ICP/Intertek	375 mcg
Magnesium (as dimagnesium malate)	200 mg – 400 mg	AM-001/Xymogen	277 mg
Zinc (as zinc bisglycinate chelate)	20 mg – 40 mg	AM-001/Xymogen	21 mg
Copper (as copper bisglycinate chelate)	2 mg – 4 mg	AM-001/Xymogen	2 mg
Choline (as choline dihydrogen citrate)	200 mg – 400 mg	HPLC/Intertek	232 mg
Manganese (as manganese bisglycinate chelate)	5 mg – 10 mg	AM-001/Xymogen	5 mg
Vitamin K2 (menaquinone-7)	100 mcg - 200 mcg	HPLC/Intertek	128 mcg
Selenium (as L-selenomethionine)	100 mcg – 200 mcg	ICP-MS/ Exact Scientific	152 mcg
Chromium (as chromium nicotinate glycinate chelate)	100 mcg – 200 mcg	AM-001 /Xymogen	108 mcg
Molybdenum (as molybdenum glycinate chelate)	100 mcg – 200 mcg	AM-001 /Xymogen	153 mcg

*Folate (mcg DFE) = Synthetic folate (mcg per serving) x 1.7 (conversion factor for synthetic folate).

Choose your *expert*.
Change your *health*.



Contaminants:

Test	Specification	Method / Lab	Results	Reference
Arsenic (As)	≤10 mcg/5 Capsules	AM-003/Xymogen	0.2 mcg	LN 609 Page 167
Cadmium (Cd)	≤4.1 mcg/5 Capsules	AM-003/Xymogen	0.5 mcg	LN 609 Page 167
Lead (Pb)	≤0.5 mcg/5 Capsules	AM-003/Xymogen	0.3 mcg	LN 609 Page 167
Mercury (Hg)	≤15 mcg/5 Capsules	AM-003/Xymogen	NMT 0.01 mcg	LN 609 Page 167

Purity:

Test	Specification	Method / Lab	Results	Reference
Total Plate Count	NMT 3,000 CFU/g	QC-017 / Xymogen	<3,000 CFU/g	Batch Record
Yeast & Mold	NMT 300 CFU/g	QC-017 / Xymogen	<300 CFU/g	Batch Record
Enterobacteria	NMT 1,000 CFU/g	QC-017 / Xymogen	<1,000 CFU/g	Batch Record
E. coli	Negative / 10 g	QC-017 / Xymogen	Negative/ 10g	Batch Record
Salmonella	Negative / 10 g	QC-017 / Xymogen	Negative/ 10g	Batch Record

Prepared by: CB 77 Date 01/20/26

QA Approved: [Signature] Date 01/20/26